

'Caress' Essential Oils Kit

Le Heart Song

High frequency blend; produces feelings of being loved and cherished; helpful in overcoming grief and trauma; use in the treatment of depression or to get through a tough time or a difficult day; use to balance the electrical fields of the body; A very effective, all-purpose, high frequency blend - a basic for just about everyone.

Ingredients: Bergamot, Rose Geranium, Geranium, Grapefruit, Lemon, Tangerine, Sweet Orange, Rose, Ylang Ylang

Affinity for: Emotional balance; Heart and Throat Chakras.

Aromatic Considerations: Apply to ears, massage over the feet, rub over the heart, apply to areas of poor circulation, as a perfume or cologne.

Resonance: High frequency emotional oil.

Le Moonlight

The aromas of this blend are earthy with a strong floral note; use to find more connection to and appreciation for your romantic partner; create delight in the sensual and passionate side of your lives together; create emotional depth and bonding; potent aphrodisiac.

Affinity for: Emotions; Base, Sacral, and Heart Chakras.

Application: Diffuse any time you like; wear as a perfume.

Resonance: Physical with deep emotional impact.

Ingredients: sweet orange, cedarwood, ylang ylang, geranium, patchouli, angelica, spikenard, myrtle, cinnamon, sandalwood, clary sage

Le Segó Lily blend

The aromas of this blend are earthy with a strong floral note; use to find more connection to and appreciation for your romantic partner; create delight in the sensual and passionate side of your lives together; create emotional depth and bonding; potent aphrodisiac.

Affinity for: Emotions; Base, Sacral, and Heart Chakras.

Application: Diffuse any time you like; wear as a perfume.

Resonance: Physical with deep emotional impact.

Ingredients: sweet orange, cedarwood, ylang ylang, geranium, patchouli, angelica, spikenard, myrtle, cinnamon, sandalwood, clary sage

Le Solitude

Useful in creating an atmosphere of peace and quiet in which to regenerate and rebuild emotional reserves; brings peace and happiness to mind and body; useful in overcoming depression; coping with anxiety; stimulating digestion; maintaining cardiovascular health; useful for varicose veins, spider veins and to promote capillary health; aids in peaceful sleep; can be used as a muscle relaxant; relieves tension headaches; moisturizes dry skin; treats eczema.

Ingredients: marjoram, sweet orange, lavender, German chamomile, rosewood

Affinity for: cardiovascular system, skin, emotional health; heart chakra

Aromatic Considerations: calming and de-stressing; relaxes one into sleep

Application: apply to areas of concern; use in the bath; dilute as a massage oil; dilute and apply to the feet

Resonance: physical and emotional

Le Weightless

Is a delightful blend designed to function on both the physical and emotional planes - the physical by helping to increase metabolism and burn fat and the emotional by lightening the weight of your own negativity which is often the 'trigger' for binge eating.

Ingredients: grapefruit, lemon, sage, basil, lime

Affinity for: Emotional balance; digestive system.

Aromatic Considerations: uplifting; stimulates positive and creative thinking.

Application: diffuse; put in the bath; wrists; dilute for a full body massage.

Resonance: Physical and Emotional.